



## **Waiver Release from Liability, and Indemnity Agreement**

By registering and participating in this yoga retreat with Colleen O'Brien McFall and/or guest teachers for this yoga retreat, (from now on, known as 'the yoga teacher(s)') I hereby agree to the following:

1. That I am participating in a Yoga Class/Workshop/Retreat offered by the yoga teacher(s) during which I will receive information and instruction about Yoga, health and wellness. I recognize that yoga involves physical exertion, which may be strenuous and may cause physical injury, and I am fully aware of the risks and hazards involved.
2. I understand that it is my responsibility to consult with a physician prior to and regarding my participation in the Yoga Class/Workshop/Retreat with the yoga teacher(s). I represent and warrant that I am physically fit and I have no medical condition(s) which would prevent my full participation in the Yoga Class/Workshop/Retreat.
3. In consideration of being permitted to participate in the Yoga Class/Workshop/Retreat, I agree to assume full responsibility for any risks, injuries or damages, known or unknown, which I might incur as a result of participating in the Yoga Class/Workshop/Retreat.
4. I understand that It is my responsibility to verbally let the yoga teacher(s) know if I have any injuries that would prevent me from being adjusted or if I am uncomfortable for any reason being adjusted.
5. In further consideration by participating in the Yoga Class/Workshop/Retreat, I knowingly, voluntarily and expressly waive any claim I may have against the yoga teacher(s) for injury or damages that I may sustain as a result of participating in the Yoga Class/Workshop/Retreat.
6. I, my heirs or legal representatives forever release, waive, discharge and covenant not to sue for any injury or death caused by their negligence or other acts.
7. I acknowledge that all deposits and payments paid hereafter are non refundable. I understand that if I choose not to contract for travel insurance I am accepting the risks of my having to cancel my trip due to injury, illness, a change in my plans, or any other reason and will readily abide by this cancellation policy. No refund or credit will be given for arriving late or departing early. I agree that in order to hold my space, payments must be made in accordance with the payment schedule with full/final payment no later than Mar 15th 2024.



## **Waiver Release from Liability, and Indemnity Agreement continued**

8. Unless otherwise stated, I give permission for the use of photos or other images taken during the retreat for the use of including but not limited brochures, websites, marketing, and publicity.

9. I have read the above release and waiver of liability and fully understand its contents. My participation and attendance in the Yoga Class/Workshop/Retreat indicates that I voluntarily agree to the terms and conditions stated above.